EVIDENCE-BASED IQ: A Guide for IQ Resources

- **ASK**: What specific question did you have for yourself that led to this article?

- **ACQUIRE**: What search strategy did you use to find this article?

- **APPRAISE**:
  - **Validity**
    - What is the research question/hypothesis?
    - What is the study design?
    - What is the comparison group?
    - What are potential biases?
    - How did investigators account for these biases?
  - **Results**
    - What are the results?
    - Do you agree with the investigators’ interpretation of the results?

- **APPLY**:
  - What aspect of the IQ case did this paper clarify for you?
  - Can you apply the results of this article to help you better understand or treat the patient in the IQ case? Justify why you feel you can or cannot generalize the findings from the article to the IQ case.