How much sugar are we talking? Do the math... how much have you had today?

- *Soda, 32 oz fountain drink, 17.2 tsp*

- Small Chocolate Milkshake, 15.2 tsp

- *Dairy Queen Oreo Blizzard, 15.4 tsp.*

- *Skittles, 11.2 tsp.*

- *Monster, 10.8 tsp*

- *Carmel Macchiato, 6.4 tsp.*

- *Soda, 12 oz can, 5.8 tsp.*

- *Frosted Cake/Brownie, 4.8 tsp.*

- *Sunny D, 4 tsp.*

- *Poptart, 3.4 tsp.*

- *Cookie, 2.6 tsp.*

- *Gatorade, 2.8 tsp.*

- *Doughnut, 2.4 tsp.*

- Water, 0 tsp.

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