### Thursday, October 8

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<th>Time</th>
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| 4 p.m.| Medical Alumni Association Annual Board Meeting                        | MOCA Cleveland  
11400 Euclid Ave., Cleveland, OH 44106                                                                 |
|       |                                                                       | All School of Medicine alumni and their guests are invited to participate in the annual meeting of the Medical Alumni Association. Learn about and contribute to plans that promote alumni unity and support School of Medicine goals. |
| 7 p.m.| University Blue Block Party                                           | Toby’s Plaza at Uptown  
11471 Euclid Ave., Cleveland, OH 44106                                                                 |
|       |                                                                       | Join the campus community for a dynamic street festival with food, music and entertainment as we kick off Homecoming and Reunion weekend on Toby’s Plaza at Uptown arts and entertainment district. Creative blue attire encouraged! |

### Friday, October 9

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| 9 a.m.| Grab-and-Go Wellness Breakfast                                        | Richard F. Celeste Biomedical Research Building - Lobby  
2109 Adelbert Rd., Cleveland, OH 44106                                                                 |
|       |                                                                       | Start your day off right! Stop by the “BRB” and grab a healthy breakfast to go.                     |
| 9:30 a.m.| The Future of Patient Care                                             | Richard F. Celeste Biomedical Research Building - Frohring Auditorium  
2109 Adelbert Rd., Cleveland, OH 44106                                                                 |
<p>|       |                                                                       | Join us to learn about the future of patient care and how small group interprofessional learning at Case Western Reserve is preparing our medical, dental medicine, nursing and social work students to work in health care teams. After a brief presentation, climb aboard Cleveland’s own Lolly the Trolley for a short ride to the Frances Payne Bolton School of Nursing’s Dorothy Ebersbach Academic Center for Flight Nursing, then on to the site of the new Health Education Campus. |</p>
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<td>11:30 a.m.</td>
<td><strong>All Alumni Homecoming Luncheon</strong></td>
<td>Tinkham Veale University Center 11038 Bellflower Rd., Cleveland, OH 44106</td>
<td>Enjoy lunch with your fellow alumni, hear President Barbara R. Snyder’s state of the university and see the 2015 University Alumni Association Awards presentation.</td>
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<td>2 p.m.</td>
<td><strong>Golden Medallion Ceremony</strong></td>
<td>Tinkham Veale University Center - Senior Class Room 11038 Bellflower Rd., Cleveland, OH 44106</td>
<td>Enjoy tea and refreshments as we celebrate all alumni who graduated in, or prior to, 1965 in honor of their 50-plus years of service as doctors. Alumni will be pinned with their anniversary medallions by members of the School of Medicine Class of 2019.</td>
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<td>4 p.m.</td>
<td><strong>Dean’s Distinguished Lecture: David Satcher, MD [MED’70, GRS ’70]</strong></td>
<td>Iris S. &amp; Bert L. Wolstein Research Building - Auditorium 2103 Cornell Rd., Cleveland, OH, 44106</td>
<td>David Satcher, MD [MED’70, GRS ’70], is director of the Satcher Health Leadership Institute at the Morehouse School of Medicine and professor of Community Health and Preventive Medicine, Family Medicine, and Psychiatry. Dr. Satcher served as Director of the CDC, Assistant Secretary for Health, and Surgeon General of the United States, making him only the second person in history to serve simultaneously as Surgeon General and Assistant Secretary for Health. He has received over 50 honorary degrees and numerous leadership awards.</td>
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<td>6:30 p.m.</td>
<td><strong>Dean’s Welcome Back Gala</strong></td>
<td>Global Center for Health Innovation 1 St. Clair Ave. N.E., Cleveland, OH 44114</td>
<td>Join Dean Pamela B. Davis, MD, PhD, for a cocktail reception, dinner and dancing as we honor our reunion classes and present the 2015 Medical Alumni Awards. You won’t want to miss this evening of memories and merriment! Cocktail attire.</td>
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8:30 a.m.  **Wellness Breakfast with Dean Davis**  
Location: Iris S. & Bert L. Wolstein Research Building - Lobby  
2103 Cornell Rd., Cleveland, OH, 44106  
Begin the day with a light and healthful breakfast, hear the latest news from your alma mater and join Dean Pamela B. Davis, MD, PhD in congratulating the School of Medicine’s 2015 Lifetime Achievement Award recipient.

10 a.m.  **Wellness Break #1 — Chair Yoga**  
Learn and experience the benefits of some easy yoga moves you can do to relieve stress in the office, at home or on the go!

10:30 a.m.  **Can Nutrition Reverse Cardiovascular Disease - Fact or Fiction?**  
Location: Iris S. & Bert L. Wolstein Research Building - Auditorium  
2103 Cornell Rd., Cleveland, OH, 44106  
Is a plant-based diet the best choice for a healthy heart? Is coronary artery disease found in cultures that don’t consume meat and dairy? What does the research say? Director of the Cardiovascular Disease Prevention and Reversal Program at the Cleveland Clinic Wellness Institute and author of *Prevent and Reverse Heart Disease* Caldwell B. Esselstyn, Jr., MD [MED ’61], thinks the requiem for palliative cardiovascular medicine—with its high morbidity, mortality and expense—is long overdue. Join Dr. Esselstyn, a former U.S. Army surgeon, general surgeon and Olympic gold medalist, and his wife, Ann Crile Esselstyn, to see how whole-food, plant-based nutrition can end the cardiovascular disease epidemic.

Noon  **Wellness Break #2 — Guided Meditation**  
Explore the connection between mind and body through a series of directed thoughts and suggestions that guide you toward a relaxed, yet focused, state.

12:30 p.m.  **Real Food vs. Manufactured Calories**  
Location: Iris S. & Bert L. Wolstein Research Building - Auditorium  
2103 Cornell Rd., Cleveland, OH, 44106  
Roxanne Sukol, MD [MED ’95], practices preventive medicine at the Cleveland Clinic Wellness Institute, serves as Medical Director for Cleveland Clinic’s Wellness Enterprise and authors the blog “Your Health is on Your Plate,” with more than 20 million hits. In this informative session, Dr. Sukol will teach you to distinguish between intact carbohydrates and stripped carbohydrates and to use analogies to help your patients understand how stripped carbs raise insulin demand. Also learn to identify high-quality protein sources and understand the dramatic distinction between nutritious fats and manufactured ones. According to Dr. Sukol, obesity is not an overindulged state—it’s a malnourished one!
1 p.m.  **School of Medicine White Coat Luncheon**  
*Location: Iris S. & Bert L. Wolstein Research Building - Patio*  
2103 Cornell Rd., Cleveland, OH, 44106  
Mix, mingle and mentor current Case Western Reserve medical students while enjoying a healthy picnic-style lunch. Weather permitting, we will dine outside on the Wolstein patio.

2:30 p.m.  **Explore the Circle**  
Before leaving campus to get ready for the evening’s class dinners, take the opportunity to explore beautiful University Circle. Or, if you prefer, hop aboard a School of Medicine shuttle and go explore the Cleveland Museum of Art, The Cleveland Botanical Gardens or Western Reserve Historical Society.

5 p.m.  **Deans Society Soirée**  
*Location: The Ritz Carlton Cleveland - 6th Floor Ballroom*  
1515 West Third St., Cleveland, OH 44113  
Join [Dean Pamela B. Davis, MD, PhD](mailto:), along with alumni and friends of the School of Medicine for a special reception honoring our leadership donors, scholarship supporters and our grand class alumni (those who graduated in or before 1965).

6:30 p.m.  **Reunion Class Dinners and Class Photos**  
*Location: The Ritz Carlton Cleveland - Various Rooms*  
1515 West Third St., Cleveland, OH 44113  
Start the evening with an all-class cocktail reception, then retreat with your classmates to catch up and enjoy a private class dinner. For many alumni, these dinners are the highlight of reunion weekend! Professional class photos will be taken during your class dinner.