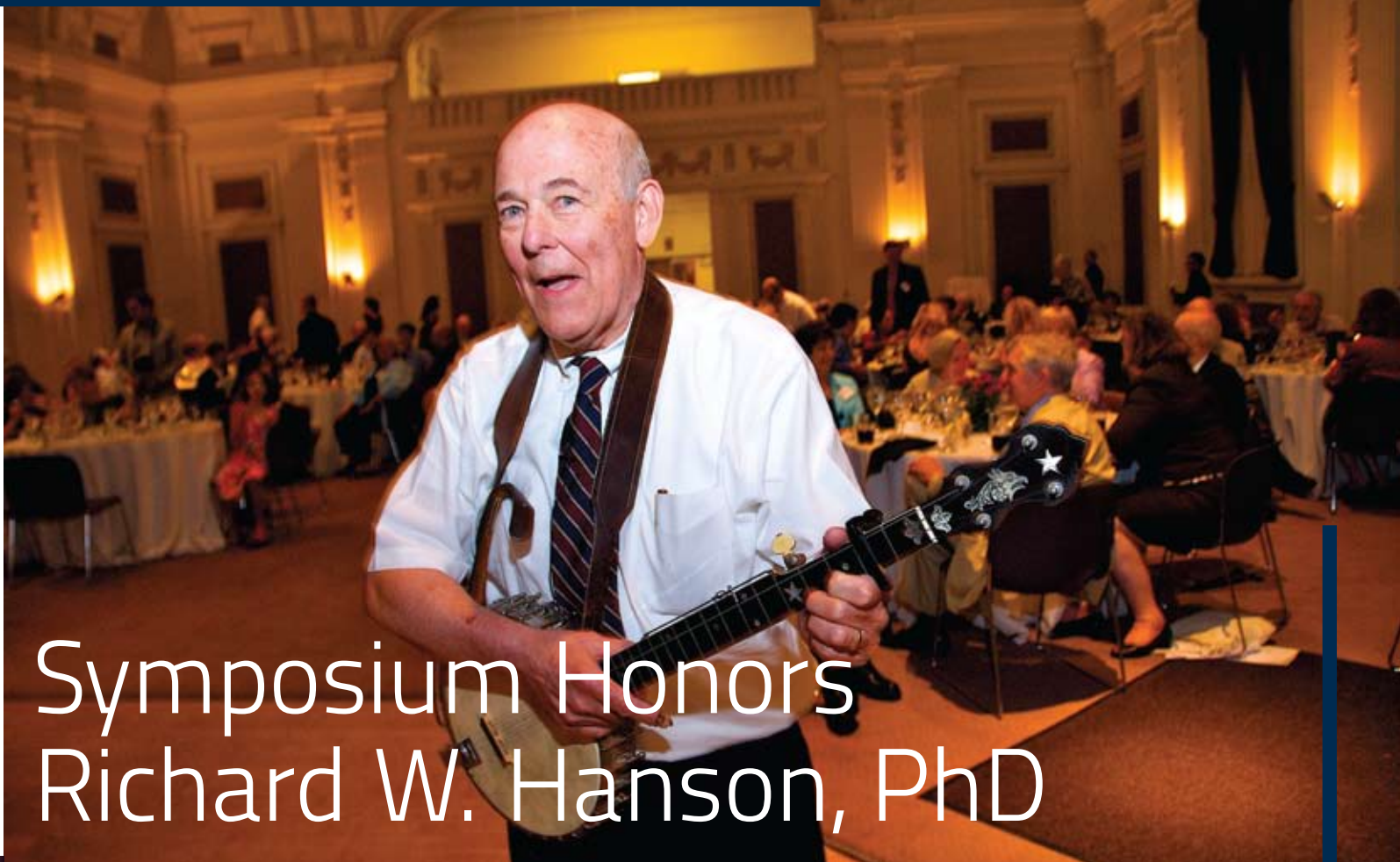


# AlumniNews



## Symposium Honors Richard W. Hanson, PhD

A scientist, artist and musician, Dr. Hanson serenades guests gathered in his honor at a reception following the Richard W. Hanson Symposium.



Dean Pamela B. Davis reflects on Dr. Hanson's career accomplishments at the symposium reception.

The event was the culmination of generous support from past students and colleagues who wished to honor Dr. Hanson's indelible impression as a teacher, outstanding researcher and remarkable leader during his 30-year tenure at the School of Medicine, which included 21 years as chair of the Department of Biochemistry.

Scholarly lectures took place throughout the day, on September 2, 2010, while attendees enjoyed a dinner and remarks from honored guests afterward. Among the guests, who attended from cities around the country, was Dr. Hanson's first doctoral student, Shirley M. Tilghman, PhD, president of Princeton University.

Many Individuals who could not attend honored Dr. Hanson by making gifts to the newly created Richard W. Hanson, PhD Endowment Fund. Once fully funded, this endowment will sustain a yearly scholarship to support a student pursuing his or her passion for research in the field of biochemistry and metabolic disease, as well as an annual lecture to foster the exchange of knowledge and advance discovery in the field. Dr. Hanson himself made a gift of \$20,000 to the endowment fund, as a continuation of his tremendous legacy at the School.

*continued on back*



# A Special Thank You from Dean Davis



Local School of Medicine volunteers gathered for a "thank you" dinner at Dean Davis' home in July.

I want to call special attention to the many volunteers who provide essential support that elevates Case Western Reserve School of Medicine to be among the Top 20 medical schools in the United States.

You give your time to help set the course for our institution through board and committee work. Many of you have also graciously served as hosts for alumni events around the country. You lend your wisdom and experience to our students, serving as small group learning instructors, medical preceptors on campus and in the field, research mentors, career advisors and simply as friendly alumni whose on-the-ground knowledge in distant cities provides invaluable perspective.

In the years ahead, I will continue asking for your support. We are working harder than ever to provide meaningful volunteer experiences for our alumni that will help our students find their passion and career pathway in medicine.

Thank you for all you do.

With gratitude,

**Pamela B. Davis, MD, PhD**

Dean, School of Medicine

Vice President for Medical Affairs,

Case Western Reserve University

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[cwru.edu/giving/planned](http://cwru.edu/giving/planned)

## Class News and Notes

We'd love to hear from you! Submit your class news and notes to [somalumni@case.edu](mailto:somalumni@case.edu), call (800) 315-4438, or mail to:

Case Western Reserve University  
School of Medicine, Office of Alumni Relations  
10900 Euclid Avenue  
Cleveland, OH 44106-4923

1956



**Alan Roberts, MD, [MED '56]** recently published his book titled, "Hot Flashes in a Cold World: My struggle to remain a husband, a doctor and a man in the face of prostate cancer." Dr. Roberts describes his experience

of facing and surviving prostate cancer and the ways it has made him a "more sensitive physician and human being."

1961



**Robert P. Mack, MD, [MED '61]** was inducted into the American Orthopaedic Society for Sports Medicine's [AOSSM] Hall of Fame, in Providence, Rhode Island. He is a pioneer in ski safety for his research that resulted in the formation of the ASTM [American Society of Testing and Materials] F-8 Ski Safety Committee that established safety standards for ski bindings. The net result of this research was the virtual elimination of tibia fractures in alpine skiing.

1970

**Louis J. Novak, MD, FACRO, [MED '70]** has dedicated the past 13 years to facilitating the development of radiation oncology services at the University Hospitals Ambulatory Ireland Cancer Centers. Dr. Novak also served as director of the radiation oncology residency program at UH for 15 years. When not serving patients, Dr. Novak raises horses on his farm in Newbury and competes in national horse shows. He enjoys spending time with his family and colleagues, most of whom reside in Geauga County, Ohio.

1975

**Arthur J. Ross III, MD, MBA, [MED '75]** was named dean of the West Virginia University School of Medicine on June 4. Dr. Ross previously served as dean of Chicago Medical School and vice president for medical affairs of Rosalind Franklin University. A respected researcher and award-

To share your news and notes, or to become a Class Rep, contact [somalumni@case.edu](mailto:somalumni@case.edu) or call (800) 315-4438.

## Dean Davis thanks Medical Alumni Board members who completed their terms:

Ronald T. Rolley, MD [MED '63]      Steven A. Ricanati, MD [MED '95]      Mirfee M. Ungier, MD [MED '79]

### 2010-2011 Medical Alumni Board

Norton Greenberger, MD [MED '59] – <i>President</i>	Angela Marie Callender, MD [MED '80]
Allen Roth, MD [MED '83] – <i>President-Elect</i>	James P. Eisenberg, MD, PhD [MED '76, GRS '72]
Edwin H. Eigner, MD [MED '54] – <i>Past President</i>	Loma Kaye Flowers, MD [MED '68]
Suzanne Rose, MD [MED '85] – <i>Secretary</i>	Charles J. Garven, MD [MED '87]
Ben Humphreys, MD, PhD, [MED '00, GRS '98] – <i>Communications Chair</i>	Margaret J. Gorenssek, MD [MED '81]
Jonathan Altschuler, MD [MED '83] – <i>Development Chair</i>	Jannifer Drake Harper, MD [MED '81]
JoAnn E. Manson, MD, PhD [MED '79] – <i>Awards Chair</i>	Robert L. Haynie, MD, PhD [MED '78, GRS '72]
Michael D. Eppig, MD [MED '77] – <i>Nominating Chair</i>	Carl R. Martino, MD [MED '80]
Tom I. Abelson, MD [MED '76]	Philip M. Meyers, MD [MED '89]
James Anderson, MD, PhD [MED '76]	Patrick G. Quinn, MD [MED '87], FACP
Arman T. Askari, MD [MED '97]	Edweana M. Robinson, MD [MED '81]
	Daniel Weidenthal, MD [MED '58]

### Student Representatives

Maria Buniel, Class of 2010	Akshat Paliwal, Class of 2011	Tara Boinpally, Class of 2014
Rebecca Ganetzky, Class of 2010	Pearl Quartey, Class of 2011	Yotam Blech-Hermoni
Craig Jarrett, Class of 2010	Jasmine Sutton, Class of 2011	Angela Nord
Andy McCoy, Class of 2010	Myfanwy Callahan, Class of 2012	Loren Schmidt
Hari Keshava, Class of 2011	Nkiruka Ezenwajiaku, Class of 2013	
Nick Krebs, Class of 2011	Vishnu Patel, Class of 2014	

**Thank you to all alumni (and future alumni!) who go above and beyond to serve!**

### GET INVOLVED!

Can you help a student network or find a research opportunity or residency match in your area? Visit <http://casemed.case.edu/alumni/connected/> to learn more about alumni volunteer opportunities, or contact [somalumni@case.edu](mailto:somalumni@case.edu) or 216.368.6830.

Alumni Board Member Ed Eigner, MD [MED '54] is currently working to link fourth-year students to alumni at hospitals where they hope to find residencies. Email [eddyeig@yahoo.com](mailto:eddyeig@yahoo.com) to get involved and help a student land a great residency.

Your support  
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Annual Fund  
helps more  
than 5,000  
students and  
faculty exceed  
their potential.

make it  
possible  
[cwru.edu/giving](http://cwru.edu/giving)



winning teacher, Dr. Ross was selected following a national search. He began his new role in August.

#### 1976

**Gary Westbrook, MD, [MED '76]** will hold the Dixon Professorship in Oregon Health and Sciences University's Jungers Center for Neurosciences Research. Dr. Westbrook is an expert in neurotransmission, the regrowth of brain and nerve cells and the functions of neuronal networks. In addition to being a professor of neurology, he serves as co-director of the OHSU Vollum Institute and Brain Institute and will now serve as co-director of the OHSU Jungers Center for Neuroscience Research. He was elected in 2008 to the Institute of Medicine of the National Academy of Sciences.

#### 1980



**Katherine L. Wisner, MD, MS, [MED '80]** was a featured speaker at the American College of Obstetrics and Gynecology [ACOG] meeting on May 17, 2010. Dr. Wisner's lecture focuses on treatment options for depression during pregnancy, with an overview of antidepressant treatment. An interview with Dr. Wisner

has been posted on the ACOG website and the ACOG YouTube channel.

#### 1983

**Cynthia Koelker, MD, [MED '83]** recently released her book entitled, "101 Ways to Save Money on Health Care." The book is endorsed by CNN's senior medical correspondent, Elizabeth Cohen, and recommended in the current issue of *Reader's Digest*. Her book is a practical consumer's



guide for individuals looking to save money on doctor visits, hospitalizations, prescription drugs and acute illness. Dr. Koelker resides in Akron, Ohio, where she practices family medicine.

#### 1985

**Daniel A. Finelli, MD, FACR, [MED '85]** was inducted as a fellow in the American College of Radiology [ACR] in May. The induction took place at the 87th ACR Annual Meeting in Washington D.C. The honor demonstrates a history of service to the College, organized radiology, teaching or research. Approximately 10 percent of ACR members achieve this distinction. Dr. Finelli resides in Solon, Ohio.

## Resident Focus:

### Dermatology Event at Progressive Field, Home of the Cleveland Indians

With words from famous players and voices forever linked to Cleveland's sports history, guests and alumni gathered at Progressive Field to learn about the School of Medicine's skin cancer research advances led by Department of Dermatology Chair Kevin Cooper.



[From left] Dermatologist to the Cleveland Indians Paul Hazen, MD; Hall of Fame Pitcher Bob Feller; Cleveland Sportscaster Dick Goddard; CWRU SOM Department of Dermatology Chair Kevin Cooper and Voice of Cleveland SportsTime Ohio Matt Underwood.

Research highlights include new applications for photodynamic therapy, testing the effectiveness of ingredients used for sun protection and using antioxidants to enhance skin cancer prevention. Learn more at <http://casemed.case.edu/dept/dermatology/>.



Bernadine Healy, MD, health editor and columnist for "U.S. News & World Report" delivers School of Medicine diploma ceremony address.



Katie Couric serves as University Commencement keynote speaker. [Photo credit: Daniel Milner Photography]

## Commencement 2010

More than 1,925 Case Western Reserve University degrees were conferred at ceremonies throughout the day on May 16, 2010. Katie Couric, anchor and managing editor of the "CBS Evening News with Katie Couric" and correspondent for "60 Minutes," served as the keynote speaker at the University's Commencement Convocation and received an honorary degree from the University. Ms. Couric has been a staunch supporter of Dr. Sanford Markowitz's colon cancer research efforts at the School of Medicine.

The School of Medicine's diploma ceremony took place at Severance Hall, graduating 167 students, including 27 students from the Cleveland Clinic Lerner College of Medicine. Serving as keynote speaker was Bernadine Healy, MD, health editor and columnist for "U.S. News & World Report." Dr. Healy was the first woman to head the National Institutes of Health, a former president of the American Heart Association, and a deputy science advisor to President Ronald Reagan.

### CWRU Med Students take 1st and 2nd Prize at MedWAR



[From left] Case Med Warriors Isaac Schwartz '13, Heather Rybasack-Smith '13, and James Morrow '13.

Students of Case Western School of Medicine have added wilderness adventure racing to their impressive list of talents. Four teams of med students had a successful foray into MedWAR (Medical Wilderness Adventure Race) in Danville, Pennsylvania on August 28. The trail included trail running, orienteering, mountain biking, and kayaking. Teams were stopped along the way to manage simulated rattlesnake bites, broken bones, lightning strikes, near-drownings, hypothermia, and more. CWRU teams took home 1st and 2nd prize, practicing and learning wilderness medicine along the way.

#### 1987

**Evan M. Benjamin, MD, FACP, [MED '87]** has been promoted to the expanded role of senior vice president of Healthcare Quality at Baystate Health. Active in the area of research, Dr. Benjamin has authored over 40 published articles. Among his many honors is the Premier Inc "Distinguished Performer" national award for quality in healthcare, and the American College of Physician Executives' recognition award for advancing in health care. Dr. Benjamin is a fellow in the American College of Physicians.

#### 1988

**Michael Rabin, MD, [MED '88, MGT '96]** founded Transdermal Cap, Inc. in 2006 with his three co-inventors. The business seeks to develop innovative light-based devices for the Global Beauty & Hair Industries. Its first

commercial product is the LaserCap (Patents pending, Copyright 2009) for women and men with thinning hair or at risk for thinning hair. Dr. Rabin resides in Gates Mills, Ohio, with his family.



**Sara L. Stein, MD [MED '88]**, Bariatric and Integrative Psychiatrist at Kaiser Permanente, and author of award-winning book "Obese From The Heart: A Fat Psychiatrist Discloses" (2009) has been awarded the 2010 Kaiser Permanente Humanitarian Award for Community Service for her public work on obesity. Dr. Stein's approach to obesity as a medical, psychiatric and spiritual disease has been featured in "The Cleveland Jewish News," "The Plain Dealer" and "SunNews."

#### 2000



**Anna Maria Mandalakas, MD, MSEpi, [CWR '90, GRS '00]** associate professor of Pediatrics, Global Health and Epidemiology & Biostatistics at Case Western Reserve School of Medicine, has been selected by the J. William Fulbright Foreign Scholarship Board to receive a 2010 U.S. Fulbright Scholarship. Beginning in August 2010, Dr. Mandalakas will spend 11 months in Tygerberg, South Africa in collaboration with Stellenbosch University to study the benefits of Isoniazid preventative therapy (IPT) on children infected with Mycobacterium tuberculosis.

# Student Clinician Ceremony Celebrating Humanism in Medicine

The second annual Student Clinician Ceremony took place on July 9, a tradition that marks the transition of second-year medical students to full-time clinical immersions. The ceremony is made possible through the Philip D. Junglas Compassion in Medicine Fund, established by Diane Collier and Friends.

Mrs. Collier opened the ceremony by sharing her personal account of the impact a caring physician has on both patients and families. She noted the significant role Dr. Philip Junglas [MED '91] played in caring for her late husband, Richard A. Collier.

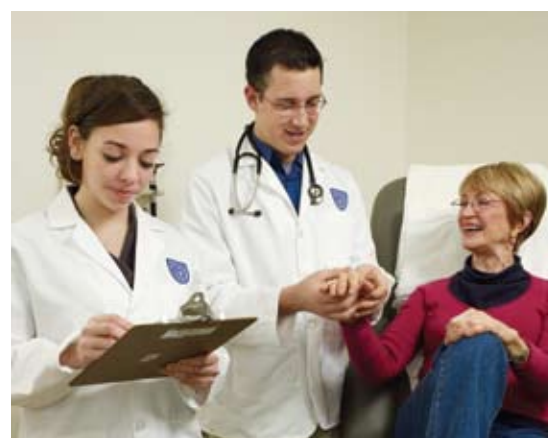
The program's featured speaker was Dr. Aaron Lazare [MED '61], the Celia and Isaac Haidak Distinguished Professor of Medical Education and professor of Psychiatry at the University of Massachusetts Medical School. Dr. Lazare spoke on the subject of shame in medical encounters and encouraged students to be aware of their words and actions that can enhance the dignity of patients while minimizing feelings of humiliation.



Diane Collier and Phillip D. Junglas, MD [MED '91]



Aaron Lazare, MD [MED '61], Celia and Isaac Haidak Professor in Medical Education and professor of psychiatry at the University of Massachusetts Medical School



## Macy Foundation Grant Enhances Physician and Nursing Education

A grant from the Josiah Macy, Jr. Foundation will enhance physician and nursing education through a student-run free clinic and other programs at Case Western Reserve.

The proposed Saturday Free Clinic, slated to open in 2011 for Cleveland's underserved population, will provide the training grounds for future doctors and nurses to learn to work as healthcare partners for the patient. The Clinic would partner with the already existing resource for the community, The Free Medical Clinic of Greater Cleveland, for which students also devote many hours of volunteer services.

The Saturday Free Clinic is part of a project called "Interprofessional Learning Exchange and Development Program" (I-LEAD) at Case Western Reserve University's School of Medicine and Frances Payne Bolton School of Nursing that received a \$640,000 grant from the Josiah Macy, Jr. Foundation. This project supports the foundation's goals to improve education for health professionals in the interest of public health and to reflect changes in the healthcare system.

"This grant works toward changing the culture of healthcare. In addition to providing services, student doctors and nurses will experience how people think and function in their different roles as health professionals and learn to work as a team," said Daniel Ornt, vice dean for education and academic affairs at the School of Medicine.

### 2001



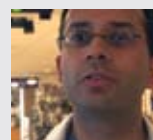
**Michael J. DeFranco, MD, [MED '01]** recently wrote the book "Surviving a Season: Essential Advice for Young Athletes, Coaches and Parents on Staying Healthy and Avoiding Sports Injuries." The book is being used in a national campaign to raise awareness about sports injuries. Approximately nine years

ago, the "Protect Your Bones" program started in Cleveland high schools. Medical students from CWRU School of Medicine participated in that program by teaching high school students about musculoskeletal injuries, arthritis and osteoporosis. Subsequently, the program was adopted by the United States Bone and Joint Decade and used in communities across the country. The program received the Presidential Citation Award from the Academy of Medicine. This book is based on his experience with the program and caring for athletes as a team doctor.



**Ryan Hedgepeth, MD, [MED '01]** was recently recruited to Trinity Health in Minot, North Dakota, as a urologist and director of Trinity's advanced robotic surgery program. Dr. Hedgepeth completed his urology residency at the Cleveland Clinic, and later completed fellowships in Urologic Cancer Surgery and Minimally Invasive Surgery from the University of Michigan.

### 2002



**Rahul Rathod, MD, [MED '02]** was featured on a new ABC show called "Boston Med," an eight-part series about the doctors, nurses, and patients of Massachusetts General and Brigham & Women's hospitals and Children's Hospital Boston.

Rathod is a pediatric cardiologist at Children's Hospital Boston and an instructor of pediatrics at Harvard Medical School. He completed his pediatrics residency at Rainbow Babies and Children's Hospital in Cleveland, where he served as chief resident. He also completed a cardiology fellowship and a senior non-invasive fellowship at Children's Hospital Boston.

# Alumni Global Service

The School of Medicine coordinates hundreds of programs for student research and service experiences abroad, and our global impact is further extended by alumni across the country who are answering the call to volunteer through a variety of unique endeavors. A few alumni share their recent experiences abroad.



## Haiti – Perspective Before and After the Earthquake

**Wayne S. Barry, MD [MED '73]**

**Urgent Care Center Physician - Daytona, Florida**

In 2009, Dr. Barry's 16-year-old daughter Caryn cleaned out her closet and asked where she could give away her extra shoes. This simple question led the two on a mission trip to Haiti, the poorest country in the western hemisphere.

A year later, Dr. Barry returned to volunteer at a clinic run by the nonprofit farm, Double Harvest. The people were mostly healthy, Dr. Barry said. There were cases of malnutrition and a lot of undiagnosed hypertension and diabetes. The team gave de-worming meds, eye exams and distributed shoes.

Then, on January 12, 2010, the city of Port-au-Prince was destroyed by an earthquake that killed 250,000 people and left

3 million homeless. Dr. Barry joined a rotating staff of medical volunteers in June and was stunned to see the incomprehensible need for infrastructure and the decrepit hospital and conditions for the patients. The city's general hospital had been destroyed in the earthquake. "Although we had no functional CT, EKG, or X-ray, the medical staff still felt useful in the care we were able to provide," says Dr. Barry.

"I am not good with water pipes and electricity, but I do have medical skills to offer," Dr. Barry explained. He has developed a strong bond with the people of Haiti and plans to return.



## Teaching Surgical Techniques in Africa

**Andrew Kaufman, MD [MED '65]**

**Neurosurgeon - Kansas City, Missouri**

Mostly retired from Midwest Neurosurgery Associates, Dr. Kaufman's sense of adventure led him to a hospital in Gondar, Ethiopia, where he taught general surgeons, attended rounds and consulted on patients.

The hospital, which had 36 doctors and a medical school there, has never had a neurosurgeon on staff and serves more than 4 million individuals in the city and surrounding areas.

Because of the equipment needs, there are very few medical mission groups affiliated with neurosurgery, which suited Dr. Kaufman's interests. "I didn't want to have patients lined up for me," says Dr. Kaufman. "I felt I could contribute much more by teaching them about neurosurgery and how to do

procedures with the equipment and knowledge available to them, and that's what they seemed to appreciate."

Dr. Kaufman has returned multiple times since his initial visit in 2009. He is currently involved with a group of East African countries trying to establish a neurosurgery residency program in Africa. He also met with Kenyan neurosurgeons in Nairobi to teach a simple outpatient balloon compression procedure to treat Trigeminal Neuralgia, a specialty of his.

"Medically, it's probably the single most rewarding thing I've ever done in my life," says Dr. Kaufman. "I see their excitement in learning something new and they feel like their moving into the 21st century finally. It's very satisfying to me."

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**For questions or to connect with these alumni about global service, please contact Alumni Relations at [somalumni@case.edu](mailto:somalumni@case.edu) or call 216.368.6830.**

## OBITUARIES



**Amy Louise Kuhn Feldstein, MD, [FSM '28, MED '31]** passed away August 12 at the age of 103. Dr. Feldstein was very grateful to CWRU School of Medicine for her education. Last year, she made a \$750,000 will commitment to the School of Medicine; her bequest created the Amy Kuhn Feldstein, MD, Faculty Fellowship, which supports research for the prevention and treatments of communicable disease. In addition, Dr. Feldstein gave to the University in the 1990s following the sale of her property, which established the Amy Kuhn Feldstein, MD, Scholarship Fund for medical students. She came from a modest background and understood the cost of a medical education. The generous fund she established has made a difference to many of our students who otherwise may not have been able to pursue their medical career without scholarship assistance. After a successful career with the Washington, D.C. health department and in family medicine, Dr. Feldstein and her husband, Marc J. Feldstein [ADL '30], retired near Manassas, Virginia. In her later years, she continued to be a competitive Scrabble player and always took the stairs everywhere she went. She died peacefully in her sleep.

**Martin Epstein, MD, [MED '44]** passed away on May 5 at the age of 90. He was the founder of Mercer Medical Group, the first health maintenance organization in New Jersey. Dr. Epstein also dedicated his leadership to the Mercer Regional Medical Plan, Mercer Regional Medical Group, Blue Cross NJ and the NJ Department of Human Services. Dr. Epstein served in the U.S. Navy Medical Corps during World War II and the Korean War. He is survived by Maxine, his wife of 67 years, three children and six grandchildren.

**Paul J. Vignos, MD, [MED '44]** was an expert on muscular dystrophy, helping countless patients and publishing numerous papers, book chapters and a book on the disease. At University Hospitals where he spent his career, he founded the rheumatology division and muscle clinic and led its arthritis clinic. He created the Vignos scale to rate a patient's muscle function and promoted physical



## Improving Sight in Honduras

**David Silbert, MD [MED '89]**

**Ophthalmologist - Lancaster, Pennsylvania**

Dr. Silbert's work in his community introduced him to CARE (Central American Relief Effort), a Lancaster-based nonprofit group that mobilizes volunteers and aid to benefit the poor of Central America.

In 2009, he and his family along with a group of medical volunteers from his practice, Family Eye Group, saw 500 patients in rural areas of Honduras during their weeklong visit. "One woman was in tears after we fitted her with glasses because she said she could read her Bible now," says Dr. Silbert.

Since then, Dr. Silbert committed to raising funds to make an even greater impact. In 2010, he raised \$11,000 from foundations, corporations and patients, which allowed him to bring bilingual team members along, as well as more trained ophthalmologic personnel from his office. The group provided vision screenings and examinations to 1,700 patients in five days across rural and remote villages.

They fitted 265 people with glasses and identified 80 patients for surgery—several returned with the team to the ZOE Clinic in the capital city of Tegucigalpa, where Dr. Silbert operated on them.

"I became a physician because I want to help people," says Dr. Silbert. "I feel blessed that I've been educated and am able to give back in this way, that I can do this with my family, and teach my girls the importance of helping others."

therapy and rehabilitation. He spent two years in the Medical Corps of the new U.S. Air Force after World War II in Panama City. He is survived by three children, seven grandchildren and three great-grandchildren.

**Carl Eugene Cassidy, MD, [MED '48]** passed away December 11, 2009. He lived in Massachusetts and was affiliated with Tufts University School of Medicine for decades, serving as a clinical professor. In his private practice, he focused on diseases of the thyroid. He also was a member of the Board of Registration in Medicine for the Commonwealth of Massachusetts, program director for the Postgraduate Medical Institute in Boston and Waltham and director of the *New England Journal of Medicine* Continuing Medical Education Program in Waltham from 1994 until his death. He authored and co-authored numerous publications in the field of Endocrinology. He was the husband of the late Ruth Cassidy.

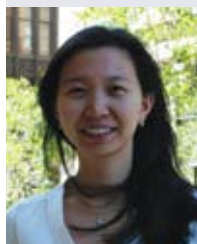
# Students in the Spotlight



**Zain Ahmed '15** (Cleveland Clinic Lerner College of Medicine), a first-year medical student, will bring a chapter of the NGO he founded, called Global Health, Education, Empowerment and Development (HEED) to the campus of Case Western Reserve School of Medicine. The nonprofit engages students across the United States to work with communities in developing countries to address issues related to health, education and economic development. The group previously built a health clinic and school in Guatemala and established a micro-credit initiative there.



**Max McKibben '12** (University Program/Robbins Society), will spend a year in Kenya researching vaccine antibody responses in Kenyan children and how maternal parasitic infections during pregnancy may affect the child's immune response. McKibben left in August 2010 and will work with Dr. Chris King, a professor in the Center for Global Health and Diseases.



**Qiaqia Wu '13** (University Program/Satcher Society), was selected among thousands of applicants for a World Health Organization (WHO) summer internship in 2010. Wu updated draft WHO guidelines for health care providers on the diagnosis and management of infertility and helped to create a WHO counseling tool that provides facts about infertility for community care-level providers and patients in targeted countries.



Dr. Silbert's daughter Jillian presents a water purification system to the nurses in the Tegucigalpa hospital so patients on the pediatric floor no longer need to purchase clean water to drink. Jillian and her sister Ariel raised \$2,000 to purchase multiple systems as Jillian's Bat Mitzvah project.

**Daniel W. Mathias, MD, [MED '48]** was an ensign in the U.S. Navy, a first lieutenant in the Air Force and attended Williams College prior to medical school. He pursued an ophthalmology residency at the Harness Eye Institute at Columbia Presbyterian Hospital. He returned to Akron, Ohio, to join his father in private practice and became Akron's first ophthalmologist specialist. He began an ophthalmology training program at Akron City Hospital and served as its head until 1990. He enjoyed the arts, the outdoors, his dogs and model trains. He is survived by his wife, Mary Alice, four children, ten grandchildren and three great-grandchildren. He died on May 2.

**Robert W. Minick, MD, [MED '48]** provided medical service to Oak Harbor, Ohio, area residents continuously for more than six decades, outside of a two-year period where he commanded a field hospital in West Germany for the U.S. Army Medical Corps. He was president of the Ottawa

County Medical Society and served 16 years on the Bento-Carroll-Salem Board of Education. He spent his career on the active medical staff of Magruder Hospital, as team physician for Oak Harbor High School and as medical director of Riverview Nursing Home and Edgewood Manor Nursing Home. He was an avid boater and golfer and loved to read. Dr. Minick is survived by his wife, Sally, four children, two stepchildren and 10 grandchildren.

**Harry Bauer, MD, [MED '50]** passed away May 6, 2009. He attended the University of Toledo before receiving his MD from CWRU School of Medicine. Early in his career, he served in the U.S. Army Medical Corps in Germany. He later opened a private practice in Needham, Massachusetts, where he served the community for nearly four decades. In 2004, Dr. Bauer was selected as Community Clinician of the Year by the membership of the Charles River District Medical Society.

# Reflections on a Career

## Soheyla Gharib, MD [WRC '76, MED '79]



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Dr. Gharib was appointed the first woman chief of Medicine at Harvard University Health Services in 2004, where she currently oversees the care of the Harvard University community. We asked Dr. Gharib about the evolution of her career.

### How did you become interested in women's health?

I always wanted to go into medicine. My father, an anesthesiologist, used to take me to the hospital with him, and I loved to go. Then, when I was an undergraduate, Chuck Hoppel got me interested in pharmacology and endocrinology. I also have three sisters, so the interest in women's health was natural.

When I started medical school, I was assigned to a pregnant patient and followed

her from the first trimester until the day she delivered. When I looked around that delivery room table, all of the doctors and nurses were women. At the time, only 25 percent of my medical school class was women. Today, it is more 50/50. It was exciting—we thought for sure she was going to have a girl because of all of the women in that room, but she had a little boy named Tony.

### Why did you found the Women's Health Center at the Brigham in 1995?

I did my internship at the Brigham and Women's Hospital. I then became an endocrine fellow at Massachusetts General Hospital doing molecular biology research on gonadotropin gene expression. At that time, I had my first two children. I loved the research, but I didn't have the patience for it. I wanted to be practicing medicine more, and the Brigham wanted to set up a Women's Health Clinic to focus on the comprehensive care needs of women—not just obstetrics and gynecology.

I wanted to have an ongoing relationship with my patients, so it seemed like the right time to make the transition. I saw internal medicine and endocrine patients. Over time, I became the sole medical director and started a women's health fellowship. It was a busy, thriving clinic.

### How is your role as chief of Medicine at Harvard University Health Services different than your role at the Brigham?

I oversee the HMO for the Harvard community: faculty, staff, students and retirees. We care for 30,000 patients. I've done a lot of quality improvement initiatives. We have a large international population, and

we need to consider that group's unique medical needs. All of the issues you hear about on the national scale today—we're dealing with them too, like electronic medical records and establishing a medical home for every patient. It's been a wonderful learning experience and a great opportunity.

I feel like everyone says life is short, but your professional life is kind of long. I've had a taste of lots of different things, and I feel like I've been incredibly lucky. My great education prepared me for a rich career.

Dr. Gharib is chief of Medicine at Harvard University Health Services and an associate professor of Medicine at Harvard Medical School, on the editorial board of the *Harvard Health Letter* and a reviewer for the *Journal of Women's Health*.

Dr. Gharib and her husband, Thomas Lee, MD, have three daughters: Simin, a recent Harvard graduate; Sabrina, a junior at Harvard and Ariana, a high school senior at Milton Academy. The family enjoys international travel and spending time on Martha's Vineyard. She actively supports the School through volunteerism and philanthropy.

**Earl E. Hellerstein, MD, [MED '50]** died September 7, 2009. Dr. Hellerstein resided in the Newton, Massachusetts, area. He was a physician, Harvard professor and World War II veteran. He was the beloved husband of the late Marjorie [Schecter]; father of Deborah, Marc, Daniel, Seth and Nathaniel; and grandfather of Leah, Erica, Sam, Andrew and Hannah.

**Nancy Michael, MD, [MED '50]** was a devoted child psychiatrist at Bellefaire in Shaker Heights, Ohio, for thirty years and masterfully balanced work and family. She is survived by her husband, Dr. John F. Michael, five children and nine grandchildren. Dr. Michael passed away August 7.

**John A. Meyer, MD, [MED '51]** Prior to medical school, Dr. Meyer served in the U.S. Army and attended Elmhurst College in Illinois. He became a professor of Thoracic

Surgery at Upstate Medical University for more than 30 years. The son of American missionaries, Dr. Meyer was born and raised in India, where he later returned with his family for a yearlong sabbatical. He worked at the Wanless Chest Hospital in Wanlesswadi, India. He was actively involved in many medical boards and associations and was also author of the book, "Lung Cancer Chronicles." He leaves behind his loving wife, Mary Ann, two sons and one granddaughter.

**Arthur C. Cherry, MD, [MED '53]** received his Bachelor's of Science from Yale before attending CWRU School of Medicine. He practiced pediatrics and resided in the Topeka, Kansas, area. Dr. Cherry passed away November 22, 2008.

**Keith Stickler Muntz, MD, [MED '55]** died January 1, 2010. Dr. Muntz earned his Bachelor of Arts degree at Middlebury

College. He resided in Fargo, North Dakota, where he practiced internal medicine.

**James R. Armstrong, MD, [MED '56]** was the beloved husband of Ann, father of Carol Reinthal and Barbara Buckley. He was the grandfather of Elizabeth, Mary, and Ben Reinthal and Mark and Christopher Buckley. Dr. Armstrong passed away in April.

**H. Bruce Dull, MD, [MED '56]** died February 1, 2010. Dr. Dull was a longtime resident of Atlanta and a graduate of Harvard University, CWRU School of Medicine and the Harvard School of Public Health Law and Policy. He had a long career with the Center for Disease Control, retiring as assistant surgeon general. He was also a clinical associate professor at the Emory University School of Medicine and Morehouse School of Medicine. Dr. Dull was an active member of the Evangelical Lutheran Church of the Redeemer.

To share your news and notes, or to become a Class Rep, contact [somalumni@case.edu](mailto:somalumni@case.edu) or call (800) 315-4438.

# PhD Corner:

## Recruiting the Next Generation of Scientists



On June 30, approximately 90 undergraduates from around the nation packed the Biomedical Research Building lobby to share posters that represent the culmination of internships through the Summer Program in Undergraduate Research (SPUR) at Case Western Reserve School of Medicine.

Many undergraduates face the choice, "science or medicine?" and the research internship is often key to that career decision. With mentor guidance, summer interns work full-time for 8-10 weeks on leading-edge research to jumpstart their role as scientists. The internship is when theory comes to life and when a student first realizes, "I can do this!"

Competition is high for the coveted grant-funded internships, which provide a living stipend, housing and travel support. This year, 140 students applied for 12 paid slots for the National Heart Lung and Blood Institute (HLBI) summer program at the School of Medicine.

Fewer positions will be available in coming years, as funding provided by the Howard Hughes Medical Institute for the SPUR program is not being renewed.

"Paid internships are becoming less common, even for a research powerhouse like CWRU," says Alison Hall, PhD, associate dean for Graduate Education. "This makes it difficult for many students who need to work in the summer to meet life's expenses."

Students who do catch the research bug need substantial experience to get into competitive graduate programs, including all CWRU biomedical PhD programs and affiliated Medical Scientist Training Program, which is one of 43 NIH funded programs in the country that offers a combined MD/PhD degree.

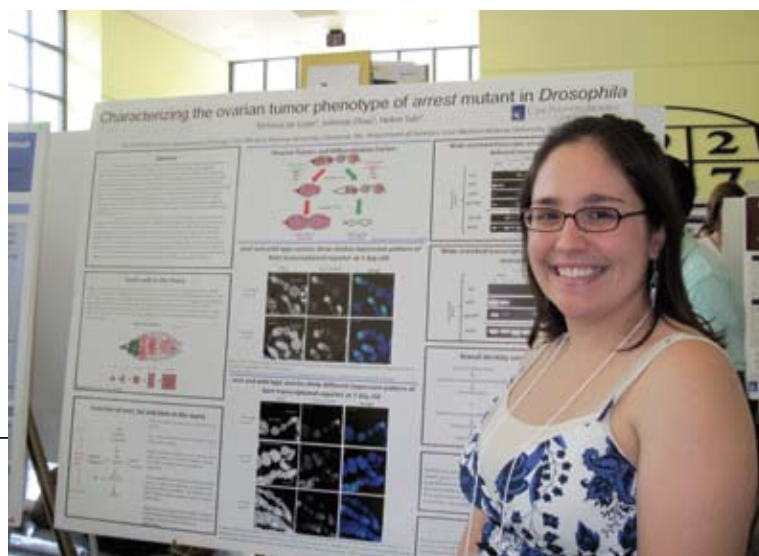
"Each of us remembers the experience that led us to a career of biomedical discovery," says Dr. Hall. "We hope to find new supporters who will help the next generation find their place in science."

## Future PhD?

Victoria de Leon, a senior at CWRU, received a SPUR program internship in the lab of Helen Salz, PhD.

de Leon characterized the ovarian tumor phenotype of the *aret* mutant in fruit flies, a common model used to study ovarian germ cell tumors.

"Only a few other people have looked at my specific gene, but not for this purpose," says de Leon. "I got some really interesting data, and it was exciting to realize I did something that no one else has done before."



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**Hermann "Bud" Menges, MD, [MED '57]** died on August 26. He was a loyal alumnus, faithful volunteer and dedicated clinical professor of medicine at Case Western Reserve University for 45 years [emeritus]. He most recently gave his service to the School of Medicine's Commission for the Advancement of Academic Medicine. Dr. Menges was a longtime member of the Medical Alumni Board, serving as vice president in 1965 and president for three terms in 1968, 1969 and 1988. In 2007, he served as vice chair of his 50th Reunion. Dr. Menges also participated on executive and alumni committees for previous School of Medicine fundraising campaigns. He was a legend in the Cleveland Medical Community for his insight, wisdom, compassion and good humor. Dr. Menges was one of the founders of University Suburban Health Center [USHC], a 150-physician multi-specialty practice group affiliated with University Hospitals. When he stepped back from full time clinical practice his friends and

colleagues collected the funds to endow a chair in his honor, which is held by Fabio Cominelli, MD, PhD, chief of the Division of Gastrointestinal and Liver Disease at University Hospitals Case Medical Center and Case Western Reserve University School of Medicine. Dr. Menges received his undergraduate education at Hamilton College in Clinton, New York, a medical degree from Western Reserve University in 1957, and a master's degree [Med] from the University of Minnesota. He completed fellowships in internal medicine at the Mayo Clinic and in cardiology at University Hospitals. In 1968, along with Dr. Thomas Driscoll, Dr. Menges performed the first coronary angiogram at University Hospitals. He published numerous articles in the field of Cardiology including some of the original work on hypertrophic cardiomyopathy. Dr. Menges is survived by his wife, Sally, their five children, 10 grandchildren and two siblings.

## Larry Posner, MD, [MED '74]

Larry Posner, MD, comes from a family of doctors, and he pursued his medical education in part because it was “always part of the family expectation.” Today, he is incorporating his interests in research and economics to leave his own mark on the vocation.

“I thought I was going to do what my father and his brother and their father had done, and go into the retail part of medicine, open a practice and treat patients,” Dr. Posner said. Instead, he went to the National Institutes of Health in Washington, D.C. and spent two years with famed researcher Dr. Robert Gallo, the co-discoverer of the human immunodeficiency virus.

Dr. Posner eventually transitioned into pharmaceutical research and spent 23 years in the industry, becoming senior vice president and head of global regulatory affairs for Bayer Pharmaceuticals. In 2004, he took a year off to get his master’s degree in economics from the University of Connecticut – what he calls “one of the hardest things he’s ever done.”

The master’s in economics gave him the opportunity to blend his zeal for medicine, research and business, which he now uses as a partner at Vedanta Capital to make private equity investments into existing and emerging national and international healthcare businesses.

“The chairwoman of the UConn economics department once told me that business is about making money, and economics is about making decisions. Economics teaches you why people behave in concert with their perceived personal benefits,” Dr. Posner said. “I knew laboratory medicine, and I had a good idea of how the pharmaceutical industry worked. I felt I could combine medical experiences with economics to make decisions on what companies we should invest in and also provide these companies some degree of counsel.”



New Silk Route Capital Partners and its sister company, Vedanta Capital LLC, recently made a \$40-million investment in Nectar LifeSciences, a generic pharmaceutical manufacturer in India. “We’re helping them navigate the global drug regulatory environment to get marketing approvals in the United States and abroad.”

Dr. Posner serves on the boards of Noxxon AG in Berlin, Germany, and Labopharm, Inc. in Laval, Quebec, Canada. Additionally, he is a research specialist in the Department of Economics at the University of Connecticut and a manuscript reviewer for *Annals of Internal Medicine*. He resides in Greenwich, Connecticut, with his wife, Amy Newburger, MD. Their daughter, Amanda, is a third-year medical student at Columbia University College of Physicians and Surgeons, and their son, Russell, is a graduate student at the Courant Institute for Applied Math at New York University. An avid runner, Dr. Posner runs a 10K every day. He is also a fan of classical music and enjoyed the proximity to Severance Hall as a student at the School of Medicine. Dr. Posner remains an active volunteer, donor and event host for the School of Medicine.

**David Lincoln Mallet, MD, [MED '56]** graduated magna cum laude from Harvard prior to medical school. He served two years as a captain in the U. S. Army at Ft. Lewis, Washington, and later joined Kaiser Permanente Community Health Foundation in Cleveland in 1966. He is preceded in death by his first wife Louis [nee Sloan]. He is survived by his wife, Rosemary Carrino, four children and six grandchildren. He died on June 30.

**Robert L. Dillenkoffer, MD, [MED '58]** passed away June 10. He was an alumnus of Tulane University and CWRU School of Medicine, and he served two years in the Army in Germany. He later assisted in the development of the Cardiology Fellowship at the VA Hospital in New Orleans and remained on the VA staff and clinical faculty at Tulane until 1990. He was a staff physician in general internal

medicine and a hospital commander for 19 years in the Air Force Reserves. He received many awards during his lifetime of service. He is survived by his wife Jeanette “Jan,” two sons, two stepdaughters and three grandchildren.

**John L. Nieman, MD, [MED '58]** joined the Navy as a hospital corpsman attached to the 1st and 5th Marine Divisions in Korea and the USS Deal. He graduated from the University of Kansas and, following medical school, practiced Pediatric Medicine in Prairie Village and Overland Park Kansas for 40 years. He then pursued training in Geriatric Medicine and served at the Leavenworth VA Medical center for another 15 years. He is preceded in death by his wife of 46 years, Betty Jean. He is survived by three sons, one daughter, nine grandchildren and four great grandchildren. He died June 29.

**Richard F. Spark, MD, [MED '62]** died on July 21, 2010 after a yearlong battle with leukemia. Dick was a renaissance man who loved the practice of medicine. In addition to his clinical and teaching work as an endocrinologist, he wrote three books on men’s health and numerous scientific papers. An accomplished photographer with a great sense of humor, he parlayed it all into being a devoted husband and father.

**William Robert Lamb, MD, [MED '64]** passed away November 3, 2009. He received his Bachelor of Science degree from the U.S. Coast Guard Academy in 1950 before pursuing medical school. Dr. Lamb specialized in adult psychiatry. He resided in Louisa, Virginia.

**Eugene White, MD, [MED '64]** entered Fisk University on a Ford Foundation scholarship at the age of 15. He went on

## Elena Wagner '13

Elena Wagner thought she wanted to pursue a career in research science. That was, until she studied in Ecuador and met a village of people who risked Malaria exposure in order to make a living in the middle of a mosquito breeding ground.

While on a Public Health and Development Study Abroad program in Ecuador, Elena visited a small village in the middle of a banana plantation to observe the spraying of a house with mosquito pesticides. There, she learned that banana plants can be an excellent home for mosquitoes, and despite the health risk, an entire village lived and worked there because it was the only way they could support their families.

"I was already considering a career in medicine, yet there I was able to see the big picture. I could see how social, environmental and biological factors can all play a role in disease, and it made me even more excited about pursuing a career in medicine," Wagner said. "Part of why I picked CWRU is because they make an effort to address the big picture components as well as the minutia that is necessary to fight disease."

This past June, Wagner's public health experience came full circle by spending four weeks in Peru at the Lamay Clinical Project. Whereas during her time in Ecuador she did not have the clinical skills necessary to help the villagers, in Peru, she used her first-year of medical education to conduct full medical histories on villagers, fit people for eyeglasses and provide general health and wellness advice. "I want to become a doctor because I want to make a difference in people's lives through science," says Elena. "One of the reasons that I was so excited to go on the Peru trip was that I had a skill set that allowed me to contribute to



the health goals of the Lamay district and apply what I had learned in Ecuador there. These experiences make me excited to learn more and to do more."

Although Wagner hails from Oak Harbor, Washington, a small island community north of Seattle, the decision to attend medical school across the country was an easy one for her. "If I could design a curriculum that was a perfect fit for me, it would be the curriculum at CWRU. I liked the mix of small groups, lectures, the research, as well as the early clinical education focus and excellent clinical opportunities during the later years," she said.

A Dean's Scholarship, funded by gifts to the Medical Annual Fund, makes it possible for Wagner to attend Case Western Reserve University, and for that, she is extremely thankful. "The price of a medical education can be really daunting. When I tell people how much it would cost without the scholarship, they are astounded by how much debt students take on to go into medicine," she said. "I really felt like CWRU was the ideal curriculum and the right atmosphere. When I found out I received that scholarship, it made it so easy to say 'yes.' I was able to choose my education based on what's best for me, rather than focus solely on the financial considerations."

to become one of the world's first black neuroradiologists. He completed a Neuroradiology Fellowship at the Karolinska University Hospital in Sweden. Dr. White practiced privately and spent most of his time at Euclid Hospital, University Hospitals, Huron Hospital, MetroHealth and Geauga Regional. He was an assistant professor and clinical professor at CWRU School of Medicine. He wrote numerous scholarly articles and presented internationally. He was active in the community, an advocate for educational programs and a choral singer and choirmaster. He died June 30 and is predeceased by his wife, June. He is survived by three children, seven grandchildren and numerous family and friends.

**Grant Albert Mason, MD, [MED '65]** passed away October 19, 2009. Dr. Mason attended Kenyon College, where he was later inducted into the Athletics Department Hall of Fame for his swimming achievements. He conducted

postgraduate work at the University of Kansas, prior to medical school. After residency in Internal Medicine and Gastroenterology Dr. Mason jointed the practice of Dr. Warburton, Shipley, Pratt and Mock, and co-founded the North Canton Medical Foundation in Ohio. He also served on the staff at Aultman Hospital until his retirement in 2006. Dr. Mason was an attending physician for multiple sports teams at events ranging from the high school to Olympic level. He is predeceased by his first wife, Kathleen A. Woodfill. He is survived by his wife, Janet L. Mason, six children and 11 grandchildren.

**Allen D. Schwartz, MD, [ADL '71, MED '75]** passed away July 12. Beyond his passion for pediatrics, Dr. Schwartz was a competitive tennis player, avid chess player, gifted musician and San Diego Padres fan. Following residency at Columbus Children's Hospital, he and his wife, Linda, moved to San Diego, California. From 1980 until his passing, he

maintained his own private practice and held positions at the Children's Hospital, Scripps Mercy, Sharp Hospital and the USC Medical Center. He is survived by his wife and children, David, Courtney and Daniel.

**Joseph Richard Fog, MD, [WRC '75, MED '80]** worked at two Cleveland area hospitals, Suburban and St. Vincent Charity, before moving to California in 1994. In 2006, he moved to Portland, Oregon, near his sister and her family. He was known as a compassionate physician, master gardener, gourmet cook and dog lover. He is survived by his mother, sisters, brother-in-law and beloved nephew. Dr. Fog passed away May 3.



## Symposium honors Richard W. Hanson, PhD continued



Dr. Hanson poses with his first doctoral student, Shirley M. Tilghman, PhD, president of Princeton University.



Herb Tabor, editor-in-chief of the *Journal of Biological Chemistry*, speaks of the research and relationships Dr. Hanson cultivated over the years.



[From left] Department of Biochemistry Chair Michael A. Weiss, MD, and faculty members Richard W. Hanson, PhD; David R. Samols, PhD; Satish Kalhan, MD; and William C. Merrick, PhD [not pictured] helped drive forward the Hanson Symposium and Endowed Fund.



To commemorate the symposium, Dr. Hanson was presented a plaque featuring an etched copy of one of his pen and ink "doodle" drawings, famous around the School of Medicine.

During his career, Dr. Hanson pioneered the use of molecular biology for the study of the metabolic processes and the development of animal models to understand the control of metabolism in the intact animal.

Researchers in Dr. Hanson's lab genetically engineered a mouse model commonly referred to as "mighty mouse" (PEPCK-<sup>Cmus</sup> mice). These mice eat more, run faster and longer, reproduce into old

age and live twice as long as normal mice. The mouse model is expected to provide important insights into the effect of diet and exercise on longevity and the development of cancer.

Dr. Hanson recently received the Honorary Alumni Award during the 2010 School of Medicine Reunion Weekend festivities. In recognition of his contributions to the university, he was also recently named a Distinguished University

Professor and is the recipient of the Hovorka Prize, the highest award given by Case Western Reserve University.

For more information on the Richard W. Hanson, PhD Endowment Fund, or to honor Dr. Hanson with your gift, please contact Michael Holub, director of development, at 216.368.6165 or [mrh12@case.edu](mailto:mrh12@case.edu).

# Calendar of Events

To attend an event, or for more information, please contact the Alumni Office at 216.368.6830 or [somalumni@case.edu](mailto:somalumni@case.edu). Watch for event details in our monthly e-newsletter, AlumNews. Contact [somalumni@case.edu](mailto:somalumni@case.edu) to subscribe.

**October 29, 2010 - Friday**  
**Alumni & Friends Reception**  
**Pittsburgh Field Club**  
**Pittsburgh, PA**

Hosts: Dean Pamela B. Davis, Larry John, MD [MED '77] and Marna John, MD [MED '78]

**November 7, 2010 - Monday**  
**Alumni & Friends Reception**  
**During AAMC Conference**  
**Marriott, Wardman Park**  
**Washington, DC**

Hosts: Dean Pamela B. Davis, Jonathan Altschuler, MD [MED '83] and Mark Knepper, MD, PhD [MED '76, GRS '75]

**November 29, 2010 - Monday**  
**Alumni & Friends Reception**  
**During Radiological Society of North America (RSNA) Conference**  
**Adler Planetarium**  
**Chicago, IL**

Hosts: Dean Pamela B. Davis and Radiology Chair Pablo Riera Ros, MD, PhD

**December 11, 2010 - Saturday**  
**Doc Opera and Alumni & Friends Reception**  
**Lakewood Civic Auditorium**  
**Cleveland, OH**

Contact [somalumni@case.edu](mailto:somalumni@case.edu) for ticket info

**March 17, 2011 - Thursday**  
**Match Day - 11:45 a.m.**  
**School of Medicine**  
**Wolstein Research Lobby**

**May 15, 2011**  
**Commencement Weekend**  
**School of Medicine**

**October 13, 14, 15, 2011**  
**Reunion Weekend**  
**School of Medicine**

### Corrections?

Please know we strive for accuracy in every issue. However, if you notice an error or would like to report a change in your information, please contact Erin Henninger, manager of special projects, at 216.368.4761.